



GRIEF RESOURCES

SUPPORT GROUP

Hospice of the Valley
Building 1
1510 E. Flower St.
Phoenix, AZ 85014
First Saturday of the month
9-11 a.m.

COUNSELING

Sandra Nettles, LCSW, MSSW, Deer Valley Counseling, 14274 N Northsight Blvd,
Suite 100, Scottsdale AZ 85260, 602.750.8051

GRIEF HOTLINES

National Suicide Prevention Lifeline
800-273-8255

Day By Day Pet Support, through University of Pennsylvania Vet School
484-453-8210

Tufts University Vet School
508-839-7966

Washington State University Vet School
866-266-8635

ASPCA National Pet Loss Hotline
877-474-3310

ONLINE FORUMS

Rainbow's Bridge
<https://www.rainbowsbridge.com/>

Grief Healing
<https://www.griefhealingdiscussiongroups.com/forum/11-loss-of-a-pet/>

Grief in Common
<https://www.griefincommon.com/>

Grieving.com
<https://forums.grieving.com/>